



A PAIN FREE LIFE STARTS HERE



Stem Cell Therapy Professionals

www.stemcelltherapypro.com

480-267-7856

Call Or Text

IT'S TIME TO GET BACK TO YOU

IT'S SO NICE TO MEET YOU!

Thank you for taking the time to check out our guide. We know how valuable your time is, and we want to make sure we are offering you immense value and information. This guide will help you make an informed choice about whether you feel working with us is the right fit for your needs and condition.

WHAT YOU NEED TO KNOW

On the next page, you'll find a table of contents that will walk you through everything you may want to know about stem cells, regenerative medicine, our approach, the investment for treatment, our team, and more!

If you have not already, you'll have the ability to book a **Discovery Call** where you can ask more questions and get information about how our services might benefit you, specifically.

We can't wait to connect, and hope you find this guide incredibly valuable!

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WHAT PEOPLE SAY ABOUT WORKING WITH US

- I HAVE CONFIDENCE IN MY CARE
 - I'VE IMPROVED OTHER ASPECTS OF MY LIFE
 - SAFE & EFFECTIVE TREATMENT
 - I GET PERSONALIZED SUPPORT
 - MY PAIN WAS ADDRESSED THOROUGHLY
 - I FEEL LIKE I'M IN GOOD HANDS
 - THE WHOLE TEAM MADE ME FEEL LIKE FAMILY
 - I CAN GET BACK TO BEING ACTIVE
-

WATCH THIS FIRST

Before we work with anyone, it's important to understand the foundation of our approach. If you haven't done so already, set aside some time and then click the link below to watch our Free Stem Cell Masterclass, featuring our founder, Dr. Sabrina Solt! If you have a spouse, partner, or significant other, they will want to watch this too. You can skip this if you've watched already.

STEM CELL MASTERCLASS

Discover everything you need to know about stem cells, how they work, where we get them, and how they can help you feel better, faster. Just 20min long!

→ WWW.STEMCELLTHERAPYPRO.COM/STEM-CELL-MASTERCLASS ←

Prefer to read? There's a summary on the next page!



A Message From Our Founder:

I'm Dr. Sabrina Solt, and I am so honored to have our clinic be considered on your health journey. I have worked tediously over the last decade to cultivate a program and experience that not only provides you the best results in the industry, but also leaves you feeling like family. My team has been deeply trained to uphold the results & care exactly how I dreamed. You can be confident in your choice to work with us knowing this process is what I put my name and reputation behind. You will see for yourself why hundreds of patients have trusted our work & continue to refer family and friends.

We look forward to serving you and helping you achieve your health goals!

STEM CELL MASTERCLASS

Video Summary:

Welcome to the Stem Cell Masterclass! If you're considering stem cell therapy, you've come to the right place. Dr. Sabrina Solt, a naturopathic medical doctor with over a decade of experience in regenerative injections, is here to guide you through the world of stem cells.

Let's start with the basics: What are stem cells? Stem cells are remarkable cells that can transform into different cell types depending on their origin. There are three main types: embryonic, mesenchymal, and hematopoietic. While embryonic stem cells are controversial and not used in clinical applications, mesenchymal stem cells (found in fat tissue and birth tissue) are highly favored for their ability to promote healing and regeneration.

So, how do stem cells work their magic? They're like construction foremen, directing repair processes in your body by signaling other cells and releasing growth factors. They can reduce inflammation, regenerate tissues, heal immune function, and even donate their mitochondria, to rejuvenate damaged cells.

While Dr. Solt can and does perform all regenerative injections, she truly specializes in adipose (fat)-derived stem cell procedures. These involve extracting stem cells from your own fat tissue, processing them, and reinjecting them where needed—all in a single outpatient session. This approach offers the benefit of live stem cells and is often more cost-effective compared to other methods, depending on what treatment is needed.

But adipose stem cells aren't the only tool in our toolbox. Platelet-rich plasma (PRP), exosomes, amniotic products, umbilical cord products, and bone marrow aspirations are also available, each with its unique benefits and applications. Dr. Solt creates a personalized approach tailored to your specific needs & goals.

So, which option is best for you? There's no one-size-fits-all answer. The most effective solution is the one that aligns with your goals and comfort level.

Ready to explore how stem cell therapy can benefit you? Book a call with Dr. Solt's office today. If you have any questions, don't hesitate to reach out. Your journey to healing starts here!

WATCH THIS NEXT

We are very proud of our process. Why? Because it gets results.

In this short 18 min video, our founder, Dr. Sabrina Solt, walks you through how we help people just like you achieve the best possible outcomes from stem cell therapy

[CLICK HERE TO WATCH HOW WE HELP YOU
ACHIEVE YOUR BEST OUTCOME](#)

Prefer to read instead?

There's a written summary of the video on the next page!



HOW WE HELP

Video Summary:

Stem cell treatment is a powerful tool, but it's essential to understand its limitations and how we tailor it to individual needs.

First, we prioritize optimizing your health before treatment. Stem cells work best in a conducive environment, so we address any underlying health issues to maximize the effectiveness of the therapy. We provide resources through our online platform to guide you in becoming the best host for stem cells.

When it comes to candidacy, we have specific criteria. While certain conditions like active cancer or uncontrolled diabetes may temporarily disqualify you, we work with you to address these issues before treatment. It's crucial to note that stem cells aren't a cure for lifestyle-related conditions like type 2 diabetes unless underlying behaviors change.

Regarding affordability, stem cell therapy isn't covered by insurance. However, we offer financing options to make it accessible to more people. This upfront investment reflects the extensive expertise and resources involved in providing effective treatment.

Understanding the scope of stem cell therapy is essential. Stem cells won't cure genetic disorders or move bones. They work on biological tissue, and their effectiveness depends on various factors, including the patient's overall health and lifestyle choices.

During treatment, we focus on your mindset, diet, and transparency about your condition. Your mindset plays a crucial role in the healing process, and we provide resources to help you adopt a mindset conducive to healing. Additionally, dietary factors can significantly impact the outcome of stem cell therapy, so we offer guidance on nutrition to provide your body the needed raw materials for regeneration.

The healing timeline involves three phases: inflammation, proliferation, and remodeling. Each phase has its characteristics and duration, and patience is key. We start with one treatment session and adjust based on your response, emphasizing quality over quantity.

If you're interested in exploring stem cell therapy further, we encourage you to schedule a consultation. During this call, we'll discuss your case in detail and provide you with a quote for the treatment you require. Our team will assist you every step of the way, from understanding the treatment process to arranging financing and scheduling appointments.

Thank you for considering us for your stem cell therapy journey. We're dedicated to helping you achieve the best possible outcome and look forward to working with you.

WHAT IT'S LIKE TO WORK WITH US

We are very proud of the work we do.

Simply put: it matters to us to get you the results you are looking for. Our detailed process ensures we cover all bases in order to achieve what many would consider a “miracle”.

Click the picture to read patient testimonials about how stem cell therapy has changed their lives, and the results they've experienced from working with us.



**WE CAN'T WAIT TO ADD YOUR STORY TO
THAT PAGE ONE DAY!**

ARE WE RIGHT FOR YOU?

If you've ever looked at a complicated jigsaw puzzle and thought to yourself, "wow, that feels a lot like my health right now...so many pieces...how can I fit them all together to figure out what the full picture is?"

Then you're in the right place. This is what we do.

→ While there are many stem cell clinics out there these days, no one does it quite like us.

Over the past decade, our approach has been refined to the point where we rarely experience a treatment failure.

What it often comes down to is, did we get you a 30-60% improvement, or an 80-90% improvement. ←

If you're finally ready to stop going from doctor to doctor, weighing options that you don't agree with like medications or surgery, and otherwise suffering, we can assure you that you are in the right place.

Read on to learn about our approach and exactly how we can help!

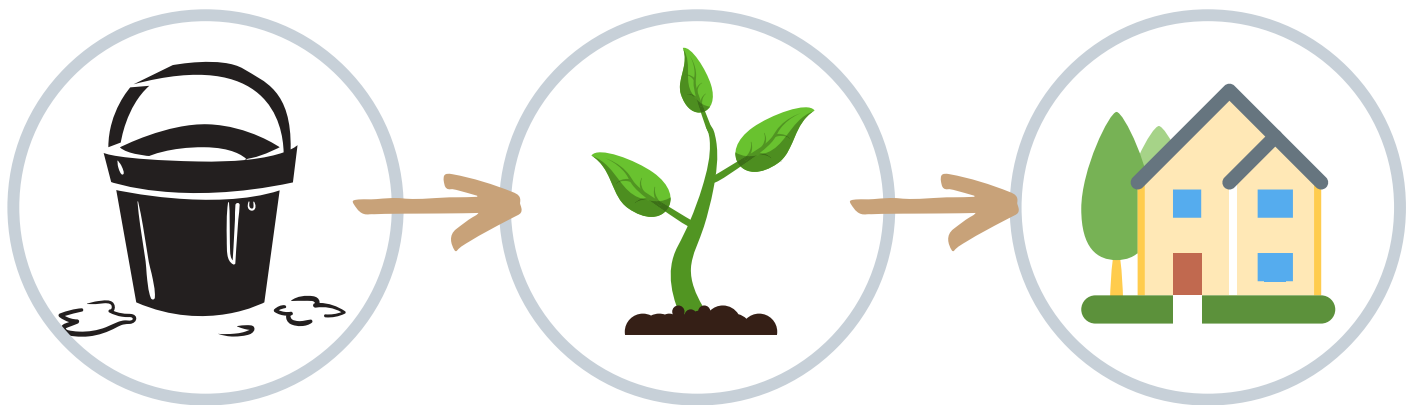
OUR FOCUS & 3 STEP PROCESS

We're Here To Help You:

- ✓ Get Out Of Pain
- ✓ Heal Chronic Injuries
- ✓ Reduce Flares
- ✓ Improve Your Health
- ✓ Lead An Active Life
- ✓ Take Back Your Future

Our simple 3-step process...

THE STEM CELL TRANSFORMATION BLUEPRINT



STEP 1: **PREPARE**

First, we'll set you up for success in receiving your stem cells through targeted supplements and our online learning platform.

STEP 2: **STRATEGY**

Then, we'll focus on figuring out exactly what our approach needs to be in order to get you exactly the type of healing your body requires - and quickly!

STEP 3: **HEAL**

Finally, we'll perform your procedure and ensure you are supported for the following 3 months while the healing process occurs.

STEM CELL THERAPY TREATMENT

The table below outlines our various pricing options.
The “tier” system is explained on the next page.

	IV	Musculoskeletal			Intimate	Hair	Neuro- pathy
		Tier 1	Tier 2	Tier 3	OShots & PShots	Scalp & IV Combo	IV & Lower Extremity
Adipose	\$6995	\$2695 (+ \$695 for extra areas)	\$2795 (+ \$795 for extra areas)	\$2895 (+ \$895 for extra areas)	\$6995	\$7890	\$7790
Bone Marrow	\$3995	\$2695 (+ \$695 for extra areas)	\$2795 (+ \$795 for extra areas)	\$2895 (+ \$895 for extra areas)	N/A	\$4890	\$4790
Wharton's Jelly	N/A	\$3495 1cc+PRP	\$4995 2cc+PRP	\$7990 4cc+PRP	\$4995 2cc+PRP	\$7990 4cc+PRP (no IV)	\$4995 2cc+PRP (no IV)
Umbilical Cord Blood	10 mil: \$2495 30 mil: \$4995	N/A	N/A	N/A	N/A	N/A	N/A
Exosomes (+PRP for all but IV)	25 bil: \$1600 50 bil: \$3000	25 bil: \$2495 50 bil: \$3895	25 bil: \$2595 50 bil: \$3995	25 bil: \$2695 50 bil: \$4095	25 bil: \$2695 50 bil: \$4095	25 bil: \$2695 50 bil: \$4095	25 bil: \$2695 50 bil: \$4095
PRP*	N/A	\$695	\$795	\$895	\$895	\$895 (no IV)	\$695 (no IV)

*A \$275 processing fee applies for up to every 2 areas treated with PRP in a single session

STEM CELL THERAPY TREATMENT

How do you know what you need?

IV treatment is best for systemic concerns, such as autoimmune and neurological disorders or aging concerns, The other options are for targeting specific areas.

Our tier system refers to the complexity and size of the various musculoskeletal regions, and is outlined below.

Tier 1	Tier 2	Tier 3
Small joints	Medium size joints/areas/regions	Spinal regions
Low complexity	Moderate complexity	High complexity
Ex: fingers, toes, wrists, elbows	Ex: feet, knees, shoulders, hips	Ex: Cervical, thoracic, lumbar, sacral

Please note: each area may require multiple injection sites. The price for the area does not change based on number of injections. The number of injections done will be whatever is necessary to appropriately treat that area.

SIDE-BY-SIDE TREATMENT COMPARISON

WHAT'S INCLUDED IN EACH OPTION:	PRP	ADIPOSE/BM	BIRTH TISSUE
1:1 consultation & evaluation with a physician*	20min	20-60min	20-60min
Success Kit (supplements we give you)		✓	
Online learning platform	✓	✓	✓
Myer's Cocktail with NAD+ (anti-aging)		IV Only	IV Only
Injection(s) performed with ultrasound	✓	✓	✓
Calls with a health coach** (up to 3)	In Full Program Only (see next page)		
Post Procedure Care Package		✓	
Follow up calls with our staff or provider***:			
1 day after procedure	✓	✓	✓
1 week after procedure		✓	
1 month after procedure		✓	✓
3 months after procedure	✓	✓	✓
Lifetime Discount of 10% on all Supplements from Fullscript	✓	✓	✓
Discount on repeat procedures (up to 10%)	✓	✓	✓

*The length of your pre procedure consultation is dependent on the number of areas being treated

**Health coaching calls are available to anyone and can be purchased a la carte, if needed

***The 3 month follow up is the only formal visit with your provider



STEM CELL



TRANSFORMATION PROGRAM

This program was created to give you the best value, experience, and results, and is based on receiving adipose stem cells.



STEP-BY-STEP PROGRAM EXPERIENCE ✓

The *only* program to walk you through step-by-step exactly what you need to do to become the absolute best host for stem cells.

We take the guesswork out of "will this work for me?" by making sure you have all the information you need to be a success!

Topics include mindset, sleep, stem cell science, and nutrition.

Those who decide to join us, you will receive Free Lifetime Access so you can revisit the online videos as many times as you want.



BASED ON SCIENCE & SIMPLICITY ✓

This program is not based on anecdotes. We take the latest research plus a decade of clinical experience and make it actionable for you.



EASY ACCESS ONLINE LEARNING PORTAL ✓

Access program materials anywhere, anytime, from any device to simplify learning. Go at your own pace so you can still learn even with a busy schedule. Even those who aren't good with technology find it easy to use. If you can open an email and click a button... you can do this. It's that easy.



ONE TO ONE STRATEGY & HEALTH COACHING ✓

Not only will you spend time working with a provider 1:1 to craft your comprehensive plan, but you will also have access to health coaching calls to help you when you have questions, need clarity, are looking for support, or simply need a touch of motivation to keep going.



CONVENIENT DOWNLOADS, PDF'S, & CHECKLISTS ✓

Easy-to-use resources to stay organized, track your progress, and support your new goals.

PROGRAM DETAILS & INVESTMENT

Here is everything that is included in the full Stem Cell Transformation Program:

- Online Learning Platform (pre & post instructions) ✓
- "Success Kit" mailed to you (US only - out of country will receive in person) ✓
- Step by step process to create a mindset that promotes healing ✓
- Education on stem cell science and exactly how they work in your body ✓
- Sleep hacking - so you can finally get enough restorative rest in order to heal ✓
- 1:1 Consultation with a provider to create your customized plan ✓
- Three (3) health coaching calls to get additional support ✓
- Intravenous delivery of stem cells ✓
- Up to two areas of the body treated with stem cells ✓
- Opportunity to add areas to treatment plan, if needed, at a 10% discount ✓
- Post Procedure Care Package ✓
- 3 months of detailed follow up ✓
- 10% discount off of the current pricing for any program re-enrollments ✓

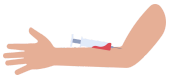
REGULAR PRICE:

~~\$11000+~~

TOTAL INVESTMENT:

\$9495

OTHER REGENERATIVE INJECTIONS & SERVICES



PRP (Platelet Rich Plasma) Injections

Platelet rich plasma is a product that we get from your own blood in a procedure that is as simple as a blood draw! We can use PRP for nearly any concern, as long as you are a good candidate.

Common applications include things like musculoskeletal issues, hair loss, sexual dysfunction, microneedling facials, and more.



Birth Tissue Injections (Umbilical, Exosomes, etc.)

All products are ethically sourced, which means no moms or babies are harmed in the process of acquiring them. They are completely legal for use in the United States due to their FDA approval.

While not the main focus of our practice, we do understand that some patients would prefer to go this route for various reasons, and therefore we do offer them in those cases.

Pricing can change based on supplier availability. Please use the previous chart as a reference only.

A quote will always be given that is good for 30 days.



Other Services Our Office Provides

While we truly specialize in stem cells & regenerative injections, our providers can also work with you in the following additional areas:

- Bio Identical Hormone Replacement Therapy
- Peptide Therapy (including GLP1's)
- Nutritional IV Therapy
- Gut Health & Nutrition (low carb/keto/carnivore)
- Neurological Health
- Autoimmune Disorders
- Weight Loss
- ...and more! Just ask if you don't see your concern listed :)

If you are interested in becoming a general health patient, please ask to receive a copy of our new patient packages & pricing.

OUR TEAM

YOUR PROGRAM EXPERTS (WHO YOU MAY BE WORKING WITH)



Stem Cell Expert. Physician. Founder.

Dr. Sabrina Solt is a highly sought after physician, educator, speaker, and consultant.

Sabrina Solt, NMD

Dr. Solt has been practicing regenerative and anti-aging medicine since 2013, and in that time, has helped thousands of patients get out of pain and regain their quality of life using her signature approach.

Her combination of cutting edge stem cell science and ancient natural wisdom allows her to target the root cause of her patient's issues in order to facilitate true healing.

Patients have traveled from all over the world (Canada, Germany, Israel, The UK, and more) and all over the United States to work with her. The simplistic way she explains complex topics, and the way she makes you feel like a member of her own family, are just a couple of the ways you will know that she is here to truly help and care for you.

If you type her name into places like YouTube or Spotify, and you will find dozens of podcast interviews where she freely shares her expertise in order to help people far and wide.

In her free time, Dr. Solt enjoys reading, travelling, creating content for social media, and spending time with her three children, Zoey, Zen, Zyryus, and her husband, Zac.

OUR TEAM CONTINUED

YOUR PROGRAM EXPERTS (WHO YOU MAY BE WORKING WITH)



Kelly Force
Health Coach &
Care Coordinator

Brain Coach. Office Manager.

Kelly is our patient care coordinator and has been with the practice since 2021. She has a background in fitness as both a group instructor and personal trainer, education in various nutrition strategies for clinical conditions, as well as brain health and healing with course work completed through the nationally recognized Amen Clinic.

Kelly is great with gentle motivation and meeting you where you are at, and understands the stem cell program deeply. During times where you might experience bumps in the road through the healing timeline, she can help you navigate these.

She is here to support you in scheduling, getting questions answered, and whatever else she can to ensure you are taken care of.



Zachary Solt
Health Coach

Carnivore Coach. Psychology Major.

Zac is Dr. Solt's husband and a certified Carnivore Coach through Revero. He holds a bachelor of science in psychology through Florida Atlantic University.

Additionally, he has a background as a personal trainer, and was former military.

Zac is great when you require a no nonsense approach to coaching. While he operates with understanding and compassion, he is a straight-to-the-point type that ultimately cares about getting you the results you're looking for, both quickly and efficiently.

He will provide you with both practical tips and tough love (if needed) to help you navigate all the incoming lifestyle changes that are part of this program. After healing his own battle with Crohn's disease through these diet changes & regenerative medicine, he is intimately familiar with just how powerful these shifts can be. His goal is to make sure you are successful so you can experience the greatest results from your stem cell treatment.

FAQ

Where do we get stem cells from? What stem cells are available? What is the difference between them?

Our founder has answered this in a very detailed blog post which can be found [here](#). She also discusses this during the Stem Cell Masterclass earlier in this guide.

What happens during a stem cell procedure?

While all forms of regenerative medicine are offered within this practice, as we do not believe in a one-size-fits-all approach, our practice truly specializes in adipose derived stem cells. What this means is that stem cells are harvested from your own fat tissue during a same-day outpatient procedure, done without the use of general anesthesia. The area that the fat is taken from (usually lower abdomen or love handles) is sufficiently numbed with a generous local anesthesia. Approximately 1-2 sticks of butter worth of fat are removed during the minor liposuction (most people are happy to see it go!). After the extraction, your doctor begins processing, which can take about an hour, depending on the type of processing required. During this time, you may be given a proprietary blend nutritional IV to enhance healing and outcomes (if this was part of your treatment plan), while you relax in our reclining massage chairs with complimentary snacks and beverages. After processing, the stem cells will be delivered back to you dependant on your individualized treatment plan. The whole appointment lasts approximately 1.5-3hrs.

Will stem cells work for me?

This is what we will discuss on your call. Generally, stem cells have the ability to provide body-wide regeneration when applied appropriately. They seek out areas of damage and inflammation and start healing cycles.

FAQ

How many treatments will I need?

We always only ever start with one treatment as we know stem cells can regenerate anywhere from 6 months to a year. We monitor you during this time to record your progress and can make recommendations for additional treatments, if necessary.

Can one of your previous patients call me to share their experience?

Short answer, no. We have plenty of patients who have willingly left reviews on Google and in numerous Facebook groups about their experience and outcome, which you can read in our guide. We tend to err on the side of not bothering our amazing current patient base :) which should make you happy, as you now know we will never ask this of you!

I am curious if there are studies about my condition and stem cells. Can the doctor research this and let me know?

Stem cells have a high safety profile and have been well studied for many decades. If you are curious about specific applications, we recommend starting with a search on PubMed. Should you want one of our providers to take the time to perform, compile, and report on this research for you, there may be additional fees for them to complete this work on your behalf.

I am from out of state. Do you cover travel?

We have had patients visit us from all over the United States and even internationally (UK, Germany, Canada, Israel, etc.). While we are happy to provide information about airports, local hotels, and other travel tips, we do not cover any travel expenses or act as a travel agent for coordinating your stay.

FAQ

What are the pre and post procedure instructions?

We have very thorough and detailed instructions that will be made available to you through our online learning platform when you decide to move forward with the procedure. You will have the opportunity to ask more questions about these during your pre procedure consultation, which occurs 1-2 weeks before your selected procedure date.

What happens after the discovery call?

If everything goes well on the call and you are deemed to be a candidate for the procedure, we will send a follow up email with the following:

- Your quote for the recommended services
- An outline of what working together looks like
- Travel info, if you are from out of state
- A link to apply for funding, if you require financial assistance (please request during your call)
- A list of the next 3-5 available procedure dates. You are always able to ask for additional ones if none of the ones listed work for your schedule
- From here, you will communicate with our awesome office staff to coordinate all details of your care with us.

Is this FDA approved?

To answer this, we first have to understand that the FDA is the "Food and Drug Administration", and therefore they do not have any governance over the actual practice of medicine. This means that a surgical procedure such as harvesting stem cells from fat or bone marrow is not within their jurisdiction to oversee, as your body tissue is neither food nor drug. Surgical procedures are governed by state medical boards and are allowed to be performed as long as it is within the provider's scope of practice and the patient determines it is a procedure they would like to receive.

HOW DO I GET STARTED?

The first step is to book a call with us to find out if you are a candidate!

If, during the call, everyone feels like working together is a good idea, the following steps will happen:

- 1) A quote will be emailed to you that is good for 30 days
- 2) You will be given options of upcoming available procedure dates
- 3) A non-refundable deposit will be taken in the range of \$500-\$1500, depending on your procedure
(Full deposit terms are in quote)
- 4) You will select your dates for your consultation & procedure
- 5) You will receive onboarding emails with links to complete intake paperwork and consent forms
- 6) You will be given access to our online learning platform, where we invite you to view all of your pre & post procedure instructions and medication avoidance list
- 7) Your Success Kit (if applicable) will be sent out for arrival approximately 1-4 weeks before your procedure
- 8) Your financial balance is due on the day of the procedure.

If you require funding assistance, you can apply for funding with our partner, EAZE. This is available for residents of both the United States and Canada for purchases over \$5000.

[Schedule My Call](#)

THANK YOU!

We hope you found this guide helpful in regards to pursuing stem cell therapy.

Whether you end up working with us or not, we wish you nothing but the best healing possible.

Should you decide to work with someone else, we would be grateful if you could simply tell us what we could have done better to earn your trust.

Our goal is to be the leader in the industry, and your feedback is important to us so we can continually improve and help more people to heal.

You can send your feedback to
info@stemcelltherapypro.com

If you've found us to be the perfect fit, know that we are beyond excited to be working with you.

Sincerely,
The Stem Cell Therapy Professionals Team